more than



News and views – May 2022

OVERCOMING THE CHALLENGE TOGETHER



We know many of you have been affected by the Omicron outbreak with whole families having to isolate as you recover from the virus.

We too have had 'family members' isolating at home which has put strain on our team. Our team has responded magnificently, stepping up to ensure our patients and families receive the compassionate care they need both in their own home and in our inpatient unit.

Responding to patient need

We have seen an increase in referrals to our community palliative care team as patients choose to be discharged to their homes from the Public Hospitals as their families were not able to be by their side.

Once again we have responded as best we can, screening each patient and family prior to visiting to understand their situation. Each nurse, family support team member and doctor needing to don PPE before entering the patient's home.

As with the previous Covid-19 virus outbreaks we followed the Government guidance and put in place critical measures to keep our patients, their families, staff and volunteers safe. This included visitor restrictions to our inpatient unit and standing down some of our volunteer workforce. All our staff are vaccinated and boosted, and we follow strict infection control protocols.

Your support means so much

The cancellation of fundraising events, like our 10 Tables Christmas Tour and our Golf Tournament together with vital events organised by our incredibly supportive community, and the downturn in retail sales at our Hospice Shops has seen a \$250,000 loss of income.

National Hospice Awareness Week is being celebrated from 16-22 May, when hospice staff will be sharing their stories" A story's end may be sad, but our aim is to ensure that it is peaceful and beautiful. As part of Hospice Awareness Week we are holding our street appeal on Friday 20 and Saturday 21 May, please show your support when you see one of our collectors around the Hutt Valley.

"Whatever life throws at us, our individual responses will be all the stronger for working together and sharing the load." – Elizabeth II

Thank you for helping make a difference in the lives of those we care for. Your commitment to our patients and families during these challenging times makes it possible for us to provide our essential service free of charge to all those who need it.

Stay safe and well

Biddy

Biddy Harford MNZM Chief Executive Te Omanga Hospice **TE OMANGA HOSPICE** NEWSLETTER MORE THAN WORDS | MAY 2022



a fleet of 14 vehicles that are used to support patients and families across the Hutt Valley. Most of these vehicles are small hatchbacks used by our Community Nurses, Family Support and Aged Care teams.

Having a reliable and safe fleet of vehicles ensures the hospice can provide support to those in need of our care 24 hours a day seven days a week. Our teams travel over 100,000kms every year providing specialist palliative support across the Hutt Valley. The hospice receives no government funding to pay for fuel, ongoing maintenance and replacement of these vehicles. On average it costs \$2,500 per month to support 400 patient visits by nurses. those who need it.

Te Omanga Hospice operates To help reduce these costs the hospice has begun to replace the existing fleet with hybrid and fully electric vehicles.

> Through generous donations from the community, businesses; Pak'nSave Petone and Kensway Consultants Ltd, and a grant from Trust House, the hospice has purchased a brand new fullyelectric van. The van is used to supply a range of medical equipment to patients being cared for at home by loved ones.

It's big enough to transport hospital beds, wheelchairs and commodes and with a range of 180kms for the cost of an overnight charge, it's saving the hospice valuable funds while also providing a more sustainable way of getting our support to

CHEQUES ARE NO LONGER ACCEPTED

With sending donations by cheque no longer an option we would love the opportunity to talk with you about other ways you can donate and support Te Omanga Hospice. Please call us on 04 979 6681.

HOSPICE **AWARENESS WEEK** 16 - 22 MAY

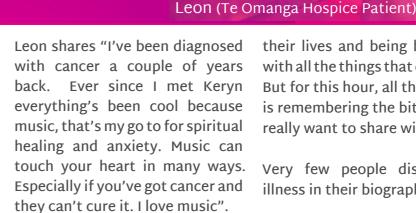
Te Omanga Hospice patients, staff and volunteers will feature prominently in helping build awareness of hospice services across New Zealand during **Hospice Awareness Week from** 16 to 22 May.

Music Therapist Keryn Squires features alongside patient Leon sharing the transformative power of music in palliative care.

"It can bring out very strong emotions in people, sometimes people cry as soon as the music starts, as soon as they start playing music or as soon as they hear music and my job as a therapist then is to support that to either go with them or hold them in that space".

"Music can also uplift people, so I see people transform noticeably, look lighter and start smiling and they may have been anxious or in pain and the music takes them to another place".

The support from Keryn and the hospice has helped patient Leon Epapara and his family on their journey. Keryn says "Leon is a musician, and he became really interested in writing a song for his family to leave behind a legacy gift, a memory of him. He came up with the idea of writing the song with them".

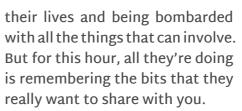




Te Omanga Hospice volunteer, Ann Topp, has been a biographer for 11 years. Ann shares how the biography service can play a therapeutic role in a patient's journey.

It's something that doesn't involve their health status at all. We will come once a week for five weeks. And you think, it doesn't sound very much but we get a whole life story in that time. Everybody has a different story, some people say 'oh, I've just had an ordinary life'. Well, nobody's had an ordinary life.

Their biography is completely their life story, the good bits in it as well as the bad or sad bits in it. Here they are facing the end of



Very few people discuss their illness in their biography.

They're really getting an awful lot out of telling you what's happened in their life, it's just a joy to see what a biography can give back to a patient".

Both Keryn and Ann express the privilege they have in caring for and supporting those at the end of their lives.

dying," says Keryn.

Anne echoed Keryn's thoughts, saying "I think that hospice really allows people to live every moment to the end. A biography is just a small part of that, but I think it's a very uplifting part. No matter which facet of the Hospice helps you, it is about a good death, living life to the very end. It's a privilege to be a biographer for

The stories of Te Omanga Hospice will feature alongside others from around New Zealand that aim to dispel a few myths about hospice care, like the notion it is only available in the last days of someone's life.

Keryn (Music Therapist)

"Hospice is a holistic wrap-around service, interwoven with stories of care. From music therapy, sharing your life story with a biographer, psychotherapy, pastoral care and physiotherapy - it's whatever brings the individual and their whānau joy", says Hospice NZ Acting Chief Executive. Wayne Naylor.



"I feel so privileged to be able to work with families at this time when they are being so caring and sharing towards each other and just being together in a way that they may not if somebody wasn't

the Hospice".



ANNUAL STREET **DAY 20 - 21 MAY**

You can also donate via our Give a Little page

www.givealittle.co.nz/cause/ te-omanga-hospice-2022annual-appeal

GARDEN NEWS

We gratefully received a donation of plants from a property on Waterloo Road, one of our volunteer gardeners noticed it was sold and knew it had a beautiful garden, they contacted the property developer who invited the hospice to take whatever we wanted! On a lovely Thursday morning a team of gardeners, husbands included, had a field day discovering and digging up trees including several maples, hostas, ligularia and anything else we thought would be happy in the hospice garden. Thanks to our volunteers and Palmer & Cook Developments.









Last year Easten Hutt Rotary Club built 6 compost bins for the hospice and we are now producing our own compost, fortified with horse poo brought in by one of our garden volunteers - a real saving!

They have been busy again volunteering their time, moving our sweet canaries' aviary home to a more prominent position on the lawn in front of the in-patient unit.

Thanks to Placemakers Hutt City for providing the timber, LT Transport for the truck and the Hutt Valley Bird Club for their advice.



If you're looking for a meaningful way to make a difference in the lives of others beyond your lifetime then you may want to consider leaving a legacy gift in your Will to Te Omanga Hospice.

Your gift will support patients, families and whānau throughout the Hutt Valley and will keep our

specialist service free for future generations.

To find out more about leaving a bequest and becoming part of our Marion and Max Cooper Fellowship, please contact Rachel Nankivell on 04 886 5205 or email rachel.nankivell@teomanga.org.nz

VINTNERS' LUNCH 2021 RECOGNISED WITH AWARD



Our 2021 Vintner's Lunch has been recognised by the Fundraising Institute of New Zealand with a "Highly Commended" Award at their recent virtual awards ceremony. The award acknowledges excellence in the field of fundraising for a community event or initiative. A massive thank you to our committee members and those that have supported the event over the years as it has gone from strength to strength.

VINTNERS' LUNCH 2022 - SAVE THE DATE! SUNDAY II SEPTEMBER. IIAM - 5PM LOWER HUTT EVENTS CENTRE

We're proud to announce our Vintners' Lunch is on again! Join us for a lavish six course luncheon created by six of Wellington's finest chefs, accompanied by fine wine and beer. This year's theme is "Masquerade Mardi Gras" so come dressed up and ready to let your hair down! Last year we raised an incredible \$343,000! Vital funds that ensure patients and families can receive free specialist care from the hospice. Tickets go on sale soon, to register your interest or find out more contact events@teomanga.org.nz



GRANT PROFILE



PRESSURE RELIEVING MATTRESS

The Hospice holds a stock of medical equipment and items for our patients being cared for by loved ones at home.

These include wheelchairs, stools and hospital beds. We had a desperate need to replace two pressure relieving mattresses which were generously supported by The Harcourts Foundation. The mattresses will make an incredible difference to patients as they are specially

designed for their comfort. We want to give a heartfelt thank you to the team at The Harcourts Foundation for supporting those in the Hutt Valley with terminal and life-limiting illnesses.

Pictured left to right is Karl de Gans, Equipment and Stores Coordinator and Matthew McCracken, Fundraising Manager.



The incredible teams at Farmers Queensgate and Upper Hutt raised an amazing \$49,954 during their annual Christmas Appeal for the hospice. Across New Zealand Farmers teams raised more than \$908,000. This is the eighth year that Farmers has raised funds for hospice. All of the funds raised in each community stay in that community to support the local hospice service. The iconic annual bauble produced by Farmers exclusively for hospice was once again in high demand. Nearly 15,000 collectible baubles "Togetherness" were sold, contributing a significant sum to the final total.

Michael Power, Chief Financial Officer of Farmers says, "At Farmers we are extremely proud of the amount raised during our Christmas hospice campaign through a combined effort and generous donations made by our customers, our staff, and our business. Farmers has been at the heart of New Zealand communities for over 110 years. We are delighted to make a positive difference in our communities through our longstanding relationship with Hospice".

The Tree of Remembrance at each Farmers store provides shoppers with a way to remember loved ones by writing a personal message on a tag. In acknowledgment of the special importance of each tag the hospice team blesses and cremates them during a ceremony early in the new year.

TE OMANGA HOSPICE SHOPS

"Great charity store", "fabulous helpful volunteers" and "a bewildering array of quality bargains" are some of the comments we've received from visitors to our Hospice Shops recently. Our shops play an important part in funding the growing need for hospice care in our community and with four shops across the Hutt Valley, there is likely to be one nearby if you live locally.

Visit a Hospice Shop to donate your quality furniture. homeware and clothing, or to discover an extensive range of unique pre-loved items. Thank you for your support.





Kāhore taku toa i te toa takitahi, he toa takitini

We cannot succeed without the support of those around us

Our grateful thanks to the following who have recently supported our work with a generous grant, bequest, Day of Care, sponsorship or in-kind donation.

Advance Electrical Wholesalers (Lower Hutt) Fulton Hogan Ltd Aki Paea (Lower Hutt Tongan A/G)

Alison King

AMC Electrical Services Ltd

ANZ Commercial & Agri - Wellington

ANZ Staff Foundation

Apparelmaster Australasia Ltd

Armstrong Downes Commercial Ltd

BBV Limited

Bert & May Wilson Charitable Trust

Biddy Harford

Bob & Elaine Moffat, QSO

Brian Cooper

Central Group - Forklifts & Trucks

Chris & Kathryn MacKay (Chris Mackay Financial Planning)

Christine & Malcolm Small

Colliers

Creative Mouse Design

Danny Thompson (Paducah Motor Co Limited)

Dave Brunsdon

David Daily Charitable Trust

Donovan Family Charitable Trust

Dorothy L Newman Charitable Trust

E M Pharazyn Trust

Eftpos and Retail Solutions

Elaine Wallace

Elveena Frith

Estate of Alison Rosamund Gibson Taylor

Estate of Edward Keith Lodge

Estate of Elaine O'Connell Estate of Ellen Ngaire Cooper

Estate of Patricia Lee

Estate of Peter De Graaff

Estate of Rona Phyllis Hurley

Estate of RR Spence

Farmers Trading Company Ltd

Four Winds Foundation

Frances Henrietta Muter Charitable Trust

Freemasons Lower Hutt

Gaynor Charitable Nominees Ltd

Gee & Hickton - Funeral Directors

Gibson Sheat Lawyers Graeme Mitchell

Graham & Jennifer Wigley

Harbour Asset Management

Harcourts Foundation

Helen Miller

Heretaunga Bookfest Charitable Trust

Humankind

Hutt Bowling Club (Inc)

Hutt Valley Chamber of Commerce

Hygiene Systems Ltd

Irene Baker Foy Trust

Ivan & Nancye Davis Charitable Trust

Jack Jeffs Charitable Trust

Jan & John Henderson

Jean Murray Nicholson Scholarship

Jim & Joan Malcolm

John Dillon

Kath Sudfeldt

Keith & Robyn Gibson

Kendons Chartered Accountants Ltd

Kensway Property Consultants (Central) Limited

Khandu & Vandna Patel

King Toyota

Laurayne Peck

Leo & Robyn Lonergan Leonard Monk Charitable Trust

Llew Kemeys (Ray White Kemeys Brothers)

Lottery Grants Board

Lower Hutt Stroke Club

Lynne Burns (Z Energy)

Malcolm & Carol Gillies and Kevin & Robyn

Marie Jupp

Marko & Jennifer Bogoievski

McKone Consultancy

Mokoia Masonic Perpetual Trust

Moonshine Rod & Custom Club

Music Therapy New Zealand Nancy & Anthony Staples

Nikau Foundation

Paddy Faisandier (Faisandier Group Limited)

Phil Gratton (Crightons ITM)

Pip Mitchell

Placemakers Hutt City

Professionals Hutt City Ltd Rod & Liz Gillespie

Ron Milburn

Rothbury Insurance

Rozalie Brown & Whanau

Rutherford & Bond Toyota

Safari Real Estate Ltd, Tommy's Lower Hutt

Sandy Kincaid

Shirley Farquharson

Shirley Jones

Shona & Ron Coenders

Society of Mary Trust Board

Spencer Logan Valuations Ltd

Steve Galyer

Summerset at the Course - Residents Association

Sydney & Angela Cumming Charitable Trust

Teagle Family Trust The Kelleher Charitable Trust

The Majestics

The Surveying Company

Trust House Foundation

Upper Hutt City Council

Upper Hutt Health Centre

Valley Three Putt Club

VMD Collier Charitable Trust

W M Bamford & Co Ltd

Wainuiomata Senior Citizens Inc

Wellington Community Trust

Whittakers Chocolates William Noel Pharazyn Charitable Trust

Winter Air Conditioning

Zircon Properties

IN THE PAST YEAR...

THERE WERE

184 PATIENTS



ON OUR PROGRAMME AT ANY ONE TIME



THERE WERE 693 ART AND MUSIC THERAPY SESSIONS WITH PATIENTS AND THEIR FAMILIES



WE SUPPORTED

55% OF PATIENTS

SO THEY COULD

DIE IN THEIR OWN

HOME OR AGED

RESIDENTIAL CARE

WE PROVIDED CARE FOR AN AVERAGE OF

159 DAYS 曲^曲 PER PATIENT

WE COMPLETED

PATIENT
BIOGRAPHIES

TAKING 845 HOURS ()

Yes I would like to support Te Omanga Hospice	Unfortunately we no
Name Donor number (if known)	longer accept cheques. If you need help donating
Address	please call us on 04 979 6681.
Email	04 979 6681.
Please accept my gift of: \$25 \$50 \$50 \$75 \$100 or my choice of \$	Te Omanga Hospice Trust Registered Charity Number 22248
Donation method: (please tick preferred option)	
Electronic transfer: Bank Account 06 0507 0816463 00 or search for 'Te Omanga Hospice' as a payee online. Ref MAY22	Please return in the envelope provided or post to:
Credit card: Please charge my gift to VISA MASTERCARD	PO Box 30814, Lower Hutt 5040
Card No: Expiry:/	Donations over \$5 are tax
Name on card: Signature:	deductable.
Website: teomanga.org.nz. Press the 'Please Donate' button on our homepage.	A receipt will be forwarded.
How many communications would you like to receive from Te Omanga Hospice in a year? (please tick)	
Four Three Two One None	Thank you for
I would like to be contacted about giving regularly by Automatic Payment or Credit Card	your support.









